



New York State Money Follows the Person

**Mission:** Rebalance the Long Term Care (LTC) service system away from institutions to community based.

**Money Follows the Person (MFP)** contracts with the New York Association on Independent Living (NYAIL) for **Open Doors** to facilitate individual transitions from nursing facilities and intermediate care facilities to homes in the community. *Open Doors* is the State-designated Local Contact Agency (LCA) for MDS Section Q.

*Open Doors* operates Transition Centers in 24 Independent Living Centers throughout the State to provide community preparedness education, transition planning, and support for individuals who wish to leave long term care facilities and return to their communities.

*“We were a little nervous about putting [my father] back into the community, but this is the best decision we’ve ever made.”*  
**Daughter of an MFP participant**

Once a referral to *Open Doors* is made, a **Transition Specialist** meets with the individual and his or her family member(s)/guardian to assess the individual’s needs and wishes. Transition Specialists collaborate with nursing facility staff, Managed LTC plan care managers, waiver staff, and community service providers as needed to ensure successful transition back to the community.

*Open Doors* also provides **Peer Support** by matching long term care facility residents with like individuals who have successfully transitioned to independent living in the community.

*Open Doors* provides targeted education regarding Section Q and community transitions to all nursing facilities throughout the State on a bi-annual cycle.

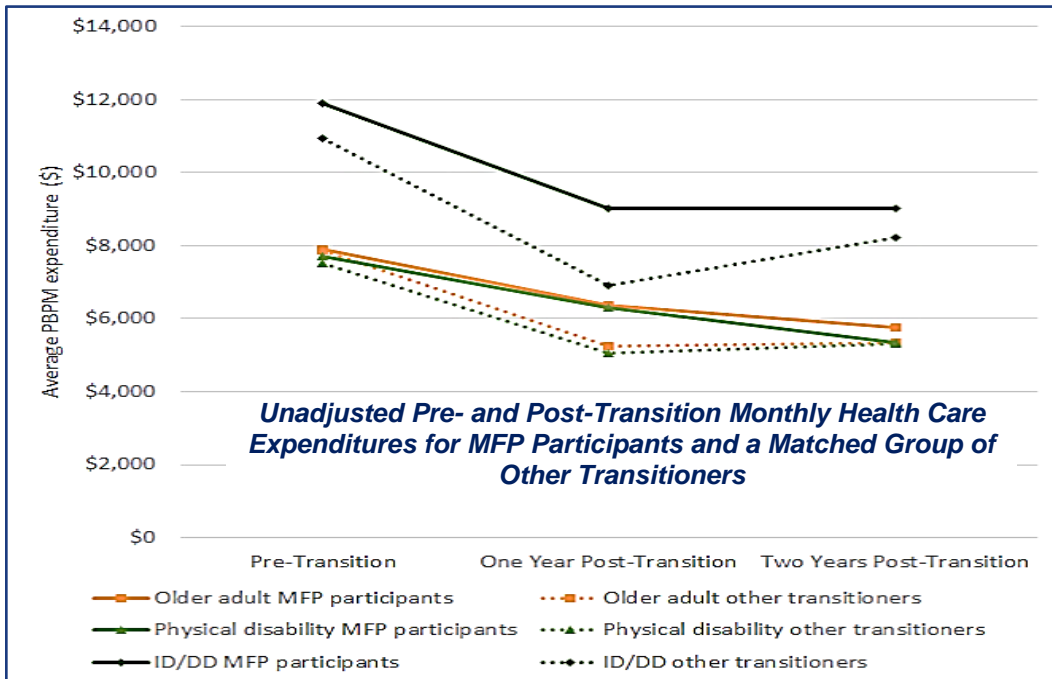
MFP supports the availability of Assistive Technology through the State-wide TRAIID Center network.

\*View a Public Health Live recorded webcast on MFP!\*  
[http://www.albany.edu/sph/cphce/phl\\_0217.shtml](http://www.albany.edu/sph/cphce/phl_0217.shtml)

National Healthcare Cost Savings Per Beneficiary

<i>Expenditures Per Member Per Month (PMPM) During the First Year of Transition</i>				
	Pre Transition	Post Transition	Decrease in Expenditures	Cost Savings
Older Adults	\$8,079.00	\$6,239.00	\$1840.00	23%
Younger Adults with Physical Disabilities	\$7,759.00	\$5,976.00	\$1783.00	23%
Individuals with Intellectual Disabilities	\$13,469.00	\$9,456.00	\$4013.00	30%

Source: Money Follows the Person 2015 Annual Evaluation Report, Mathematica Center for Studying Disability Policy, p. xvii. <https://www.disabilitypolicyresearch.org/our-publications-and-findings/publications/money-follows-the-person-2015-annual-evaluation-report>



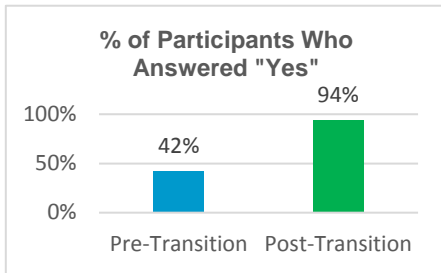
**Total health care expenditures for MFP participants ... decline when they transition to the community. Furthermore, total expenditures keep declining after MFP participants leave the demonstration.”**

**The National Evaluation of the MFP Demonstration, Mathematica Policy Research**

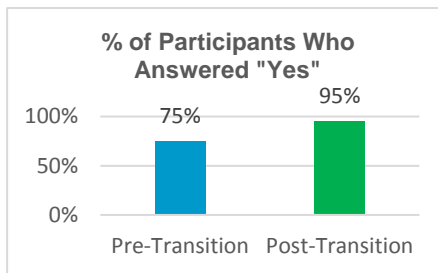
Source: Health Care Expenditures Two Years Post Transition, <https://www.medicaid.gov/medicaid/ltss/downloads/money-follows-the-person/mfpfieldreport21.pdf>

# New York State Quality of Life Survey Data (CY2017)

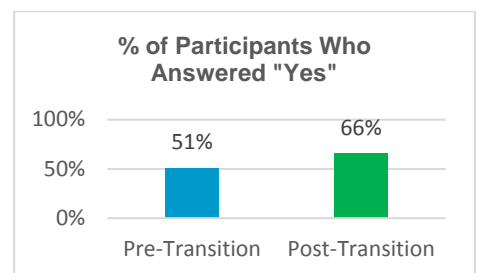
Do you like where you live?



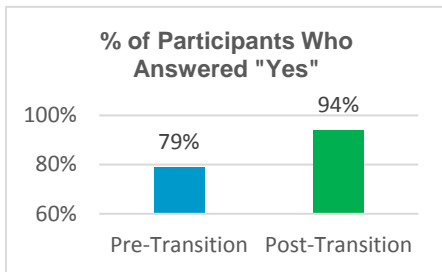
Can you get to places you need to go?



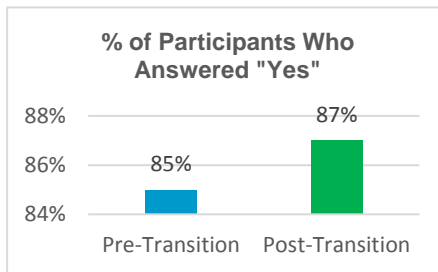
Do you go out for fun in your community?



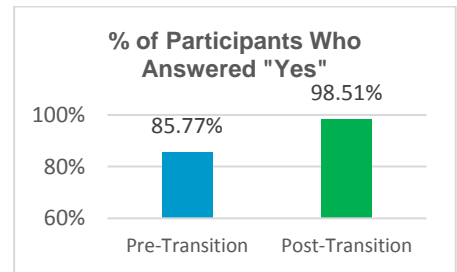
Do the people who help you treat you the way you want them to?



Have you received the medical care you needed within the past month?

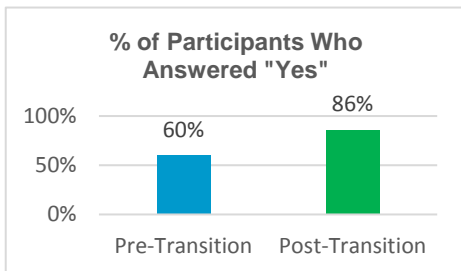


Are you always able to take your medicine when you need it?

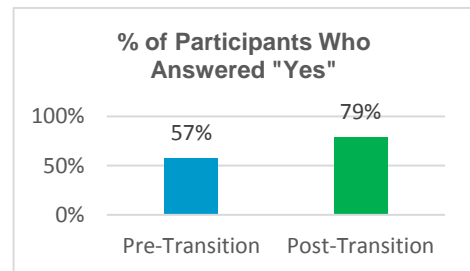


## Overall Life Satisfaction

During the past week, have you been happy with the help you get around the house or getting around your community?

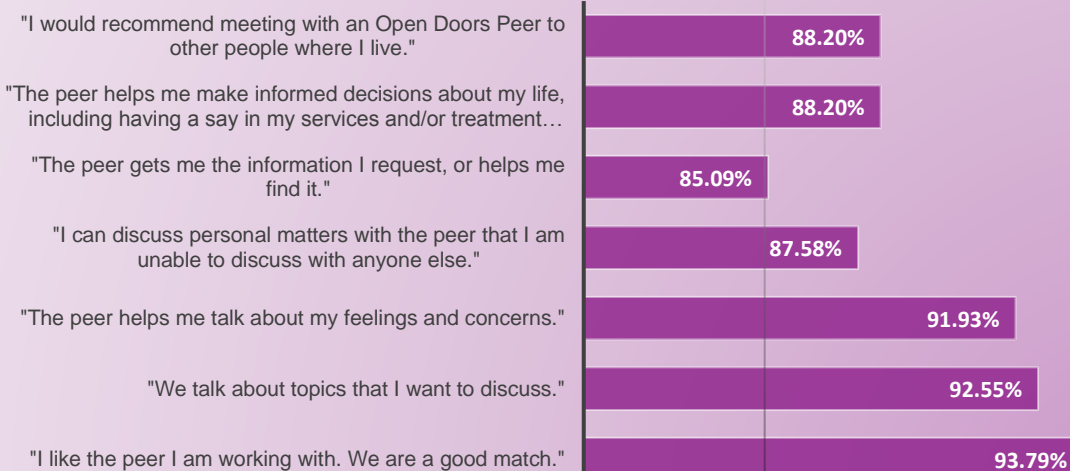


During the past week, have you been happy with the way you live your life?



## New York State Peer Support Program Satisfaction (2015-2017)

### % of Respondents Who Answered "Agree"



*"After meeting with the Open Doors Peer, I feel reassured about positive change. I feel much better about my future."*

**MFP Participant**

