



Implementing the Community First Choice Option in New York

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History

- Grassroots – ADAPT
- Community Choice Act (CCA)
- Affordable Care Act includes Community First Choice Option (March 2010)
- New York State – Selection of Option (March 2011)
- DOH CFC Workgroup (June 2012)

What is the Community First Choice Option?

- Based on functional need
- Services and supports ranging from assistance with:
 - **Activities of Daily Living (e.g. eating, toileting, transferring)**
 - **Instrumental Activities of Daily Living (e.g. meal preparation, managing finances)**
 - **Health-related functions (e.g. medication admin.) to be performed by unlicensed attendants**
- Hands on assistance, supervision and/or cueing, AND help to learn and maintain skills to accomplish such activities.

Eligibility

- Must be Medicaid eligible
- Must require an institutional level of care (hospital, nursing facility, ICF-MR, or IMD)

Required Services

- Attendant services and supports to assist in accomplishing: activities of daily living (ADL), instrumental activities of daily living (IADL), and health-related tasks.
- Attendant services and supports include: hands-on assistance, safety monitoring, and cueing.
- Assistance with the learning skills necessary to accomplish ADL, IADL, and health-related tasks.
- Allows for the purchase of back-up systems (such as beepers or other electronic devices) to ensure continuity of services and supports.
- The State must develop and offer a voluntary training to individuals on how to select, manage and dismiss attendants.

Permissible Services & Supports

- Transition costs, such as security deposits for rent or utilities, purchasing basic kitchen supplies, etc.
- Services that increase independence or substitute for human assistance, such as assistance with learning how to use public transportation, for example.

Excluded Services

- Room and board
- Special education and related services provided under IDEA and vocational rehab
- Assistive technologies (other than those used as back-up systems)
- Medical supplies and equipment
- Home modifications

Models for Service Delivery

- “Agency Provider Model” includes a range of approaches, with the individual having the ability to select, train, and dismiss their direct attendant, including:
 - Traditional agency managed services
 - Agency-with-Choice model where the agency operates solely as a fiscal intermediary
- “Self-Directed Model with service budget” including:
 - Vouchers
 - Direct Cash Payments (similar to a Cash & Counseling model)
 - Fiscal Agent

Benefits to NYS

- Supports Governor's commitment to *Olmstead*
- Enhanced 6% FMAP with no sunset
- Addresses gaps in long term care system
- Streamlines system to reduce administrative redundancies

What makes it different?

- Cross-disability
- At home or community settings (e.g. school, work, recreation or religious facility.)
- Includes transition costs from an institution to a home, if state selects.
- Maximizes consumer control and allows for a surrogate chosen by individual to direct care.

What makes it different? (cont.)

- Supplemented with backup and emergency attendant services.
- Voluntary training on how to self direct.
- Can purchase things that substitute for human assistance.
- States can get creative!

Making it work for YOU

- Stop thinking about services and start thinking about the person
- CFC takes the best of all worlds
 - Portable (settings)
 - Flexible (scheduling)
 - Control/Person-centered
 - Eliminates silos
 - Self-direction
 - Budgeting

Much still to be determined

- State plan amendment needs to be drafted
- Questions to be answered:
 - Included services
 - Setting
 - How do we ensure that CFC and managed care can work together?

Where are we now?

- DOH CFC workgroup meeting regularly
- Required Development and Implementation Council needs to be established
- State Plan Amendment target date is October 1, 2013

Additional resources

- DOH CFC workgroup:

http://www.health.ny.gov/facilities/long_term_care/

- Final regs:

<https://www.federalregister.gov/articles/2012/05/07/2012-10294/medicaid-program-community-first-choice-option>

Questions?

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