NEW YORK ASSOCIATION ON INDEPENDENT LIVING

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Open Doors (MFP) Transition Center
Regional Lead and Auxiliary Independent Living Centers

Regions	Regional Lead Contact Information	Auxiliary Independent Living Centers
Albany North Clinton, Essex, Franklin, Fulton, Hamilton, Montgomery, Saratoga, Warren, Washington	Ashley Carter Southern Adirondack Independent Living Center (SAIL) 71 Glenwood Ave Queensbury, NY 12804 Email: ashleyc@sailhelps.org Tel: 518-338-2216 Fax: 518-792-0979	North Country Center for Independence, Plattsburgh Elizabeth Davies 518-563-9058
Albany South Albany, Columbia, Greene, Rensselaer, Schenectady, Schoharie	Pat Pfeifer Independent Living Center of the Hudson Valley (ILCHV) 15-17 Third Street, Troy, NY 12180 Email: pPfeifer@ilchv.org Tel: 518-274-0701 x 108 Fax: 518-274-7944	Capital District Center for Independence, Albany Laurie Milward 518-459-6422
Buffalo Cattaraugus, Chautauqua, Erie, Niagara, Orleans, Wyoming	Gerilyn Capps Western New York Independent Living (WNYIL) 3108 Main Street Buffalo, NY 14214 Email: gcapps@wnyil.org Tel: (716) 284-4131, ext. 205 Fax: 716-835-3967	Southwestern Independent Living Center, Jamestown David Marg 716-661-3010 Batavia WNYIL Jim Strollo 585-815-8501 x410
Long Island Nassau, Suffolk	Michelle Darling-Downs /Eileen Thomas Suffolk Independent Living Organization (SILO) 755 Waverly Road Holtsville, NY 11742 Email: Mdarling-downs@siloinc.org ethomas@siloinc.org Tel: (631) 880-7929 x105 Fax: (631) 946-6377	

Lower Hudson Valley Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester	Donna Ponessa, RN MPA Putnam Independent Living Services (PILS) *A Satellite Office of Westchester Independent Living Center, Inc.* 1441 Route 22; Suite 240 Brewster NY 10509 Email: dponessa@putnamils.org Tel: 845-228-7457 Ext. 1115 Fax: 845-228-7460	Resource Center for Accessible Living, Kingston Nicholas Hall 845-331-0541 Rockland Independent Living Center, New City – 845-624-1366 Taconic Resources for Independence, Poughkeepsie Vanessa Dubetsky 845-452-3913 Westchester Disabled on the Move, Yonkers Yaw Adu Appiadu 914-968-4717
New York City Bronx, Kings, New York, Queens, Richmond	Nelina Bowan Center for Independence of the Disabled in New York (CIDNY) 841 Broadway, Suite 301 New York, NY 10003 Email: nbowan@cidny.org Tel: 212-674-2300 Fax: 212-254-5953	Brooklyn Center for Independence of the Disabled, Brooklyn Veronika Angelides 718-998-3000 Bronx Independent Living Services, Bronx Anthony Lebron 718-515-2800
Rochester Genesee, Livingston Monroe, Ontario, Seneca, Wayne, Yates	Susan Stahl Center for Disability Rights (CDR) 497 State Street Rochester, NY 14608 Email: sstahl@cdrnys.org Tel: 585-546-7510 Fax: 585-546-7542	
Southern Tier Allegany, Broome, Cayuga, Chemung, Chenango Cortland, Delaware, Otsego, Schuyler, Steuben, Tioga, Tompkins	Dacia Legge Southern Tier Independence Center (STIC) 135 East Frederick St. Binghamton, NY 13904 Email: dacial@stic-cil.org Tel: 607-724-2111 Fax: 607-772-3606	AIM Independent Living Center, Corning Cindy Hamilton 607-962-8225 Access to Independence, Cortland Anne Marie Piche Emily Jensen 607-753-7363 Catskill Center for Independence, Oneonta Rachel Halstead 607-432-8000
Syracuse Madison, Onondaga Oswego, Herkimer, Lewis, Oneida, St. Lawrence, Jefferson	Juanita Clark-Abolafia ARISE Independent Living Center 635 James Street Syracuse, NY 13203 Email: jclark@ariseinc.org Tel: 315-671-2948 Fax: 315-671-2977	Massena Independent Living Center, Massena Tina Laflesh 315-764-9442 Resource Center for Independent Living, Utica Maxine Nasby 315-797-4642